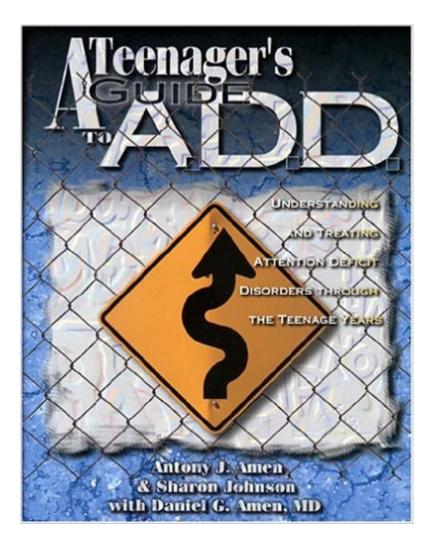
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# Teenagers Guide To A.D.D.: Understanding & Treating Attention Disorders Through The Teenage Years





# Synopsis

This book may change your life! No kidding. It may be the difference between finishing high school and going to college, or dropping out and working at fast food places for the rest of your life. This book will help you understand ADD, get the best help for it, and help you reach your potential at home, school, work, with friends, and with your sweetheart.

# **Book Information**

Paperback: 208 pages Publisher: Mindworks Press (December 1996) Language: English ISBN-10: 1886554056 ISBN-13: 978-1886554054 Product Dimensions: 10.9 x 8.5 x 0.4 inches Shipping Weight: 1.1 pounds Average Customer Review: 4.3 out of 5 stars Â See all reviews (3 customer reviews) Best Sellers Rank: #1,007,644 in Books (See Top 100 in Books) #32 in Books > Parenting & Relationships > Special Needs > Hyperactivity #208 in Books > Health, Fitness & Dieting > Children's Health > Learning Disorders #890 in Books > Parenting & Relationships > Special Needs > Disabilities

### **Customer Reviews**

Another great book and addition by Dr. Daniel Amen. Very easy to read and understand both for teens and adults.

Gift for a teen with ADD.

#### very helpful

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